

Rising Crane Junior Classes

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	FF Room	MMA Room	FF Room	MMA Room	FF Room	MMA Room	FF Room	MMA Room	FF Room	MMA Room	FF Room	MMA Room
9.30am											5-6yrs	10-14yrs
10.15am											Advanced	7-9yrs
5pm	5-6yrs	10-14yrs	Advanced	7-9yrs	5-6yrs	10-14yrs	Advanced	7-9yrs	5-6yrs	10-14yrs		
5.45pm	Advanced	7-9yrs	5-6yrs	10-14yrs	Advanced	7-9yrs	5-6yrs	10-14yrs	Advanced	7-9yrs		

Teaching Curriculum: Monday, Tuesday and Friday are 'A' days. Wednesday, Thursday and Saturday are 'B' days.

Your child needs to attend at least one A and one class B per week.

www.risingcrane.co.uk